

NEW HORIZONS NEWS

NEW HORIZONS COUNSELING SERVICE, INC.
PO Box 56339 Phoenix, AZ 85079
Phone 623-939-6567 Fax 623-939-7365
Since 1996

Volume 1, Issue 2

Fall 2008

Current Programs At New Horizons:

- *Substance Abuse Treatment
- *Relapse Prevention Treatment
- *Anger Management Treatment
- *Domestic Violence Offender Treatment (PEACE Program)
- *General Mental Health Medication Services (Please call to inquire about availability)
- *General Mental Health Group Counseling
- *DUI Screening, Education and Treatment
- *DUI Revocation Services
- *Sex Offender Treatment

*Want to learn more about
our services?*

**Presentations
Now Available!**

*Please call 623-939-6567 to
schedule a presentation!*

Substance Abuse Services at New Horizons

New Horizons offers several different types of substance abuse treatment. Our highest level of care is Intensive Outpatient treatment, which meets 3 times weekly for 2 hours per session. The next level of care is Standard Outpatient treatment which meets 2 times weekly for 2 hours per session. In addition, New Horizons offers 1 time weekly substance abuse treatment for 2 hours per session for individuals needing a lower levels of care, for a minimum of 12 weeks. The number of sessions assigned can be determined based on a screening conducted by the trained intake counselors at New Horizons. Relapse Prevention treatment meets 1 time weekly for 2 hours per session for 16 sessions, and focuses on treatment for individuals who have a length of sobriety, and will help them to maintain sobriety by developing a long term relapse prevention plan. New Horizons also offers DUI and Substance Abuse Education for 16 hours, focusing on teaching about the harmful effects of drugs and alcohol. The DUI treatment at New Horizons and can be tailored to meet court requirements. Please call our office for additional information.

New Programs

New Horizons is pleased to offer a new Wellness Strategies group to help individuals cope with life stressors and general mental health issues. Please call 623-939-6567 to sign up today!

New Horizons now offers DUI revocation services assisting individuals with DUI charges in getting their driver's license back. Appointments are now available, please call our office to schedule.



ROAD TO RECOVERY

Comments?

Suggestions?

We appreciate your
feedback!

Call 623-939-6567
or email

kgutowski@

newhorizons

counselingservice.org

Mission Statement

New Horizons Counseling Service, Inc. is devoted to providing the highest quality outpatient treatment to help individuals address unhealthy choices. We strive, through best practice treatment models, to teach adaptive life skills for people to lead healthier, more productive lives.

Quote Corner

"It's one of the better types of counseling [I have been to], probably the best so far..."

-Recent New Horizons Graduate

Office Locations

New Horizons has 3
convenient office locations:

5062 N. 19th Ave. Suite 102
Phoenix, AZ 85015

7540 W. Indian School Rd.
Suite A-6 Phoenix, AZ 85033

6151 W. Olive Rd. Suite 3
Glendale, AZ 85302